

第2部分 计划篇

夯基计划

刷提分

► Passage 81 ◀

【语篇导读】本文是一篇新闻报道,介绍了三名高中生开发了一款名为“Telepark”的停车应用程序,它可以有效解决人们难以找到停车位的问题。

1. **G** 根据上文“Are you tired of the endless search for parking when going out with your parents?”可知,人们会厌倦没完没了地找停车位。又根据下文“Three high school students... developed ‘Telepark’, an app that makes finding parking in Boston faster and easier.”可知,三名高中生开发了一款名为“Telepark”的应用程序,可以让人们在波士顿更快、更容易地找到停车位。G项(一群高中生也有同样的感受,并决定采取行动改变这种状况)符合语境。

2. **C** 根据上文“The idea came from their personal experiences.”可知,这个想法来源于她们的个人经历。设空处应承接上文,具体说明她们的个人经历。C项(在波士顿寻找停车位令人沮丧且浪费很多时间)符合语境。

3. **F** 根据上文“In addition, the app will automatically change the route for users if the parking spot suddenly gets taken.”可知,如果停车位突然被占用,该应用程序将自动更改用户的路线。设空处应承接上文,继续说明该程序的作用。F项[该应用程序不仅帮助(用户)找到停车位,还会奖励提前离开停车位的用户]符合语境。

4. **A** 根据下文“They had won \$10,000 in a local business plan competition by beating several other groups from Boston-area high schools.”可知,这几位高中生在一场商业计划比赛中击败了其他几组团队,赢得了资金,这说明她们的努力取得了成功。A项(她们的努力取得了成功)符合语境。

5. **D** 根据上文“Looking ahead, the students are seeking more financial support to promote and launch their app.”可知,展望未来,这些学生正在寻求更多的经济支持,以宣传和推出她们的应用程序。设空处应承接上文,说明这些学生宣传和推出应用程序的目标。D项(为了波士顿的司机们,她们正在努力让这款应用程序成为现实)符合语境。

► Passage 82 ◀

【语篇导读】本文是一篇说明文,主要讲述了如何照顾进入老年期的狗狗。

1. **G** 根据上文“As our dogs enter their old age, what they need for their continued comfort and happiness will change.”可知,狗



狗进入老年期后需求会发生变化。又根据下文“*It involves a comprehensive approach that covers their changing health, mobility, and emotional well-being.*”可知,它需要涵盖它们不断变化的健康、活动能力和情感健康方面的综合方法。设空处应承上启下,与变化前的需求相关。G项(照顾你的老年狗狗不仅仅是日常散步和喂食)符合语境,下文的*It*指代*Taking care of your senior dog.*

2. **C** 根据上文“*It's important to stay on top of their health with regular vet check-ups... Remember to keep a close eye on their behavior.*”可知,应带狗狗定期体检和密切关注它们的行为。设空处应解释为什么要这样做。C项(任何微小的相关变化往往都是最初的线索)符合语境。

3. **A** 根据上文“*As your dog ages, their nutritional needs will change, too. It's essential to change their diet and monitor their weight*”可知,需要改变老年狗狗的饮食。设空处应具体说明如何改变饮食。A项(选择优质的老年狗粮)符合语境,直接回应上文“改变饮食”的需求。

4. **E** 根据上文“*Your dog might not be as lively as they once were, so adjusting their exercise routine makes sense.*”可知,老年狗狗精力下降,需要调整运动习惯。又根据下文“*Activities like swimming are great, too, as they provide all-round exercise*”可知,游泳等运动是很好的选择。设空处应举例说明可调整的运动习惯。E项(考虑舒缓的散步,而不是高强度的抛物衔回活动)符合语境,与下文游泳并列,共同说明可调整的运动的的具体形式。

5. **D** 设空处位于段首,应概括本段内容。根据下文“*Spend quality time with your senior dog, engaging in activities they love. Your companionship is invaluable to your dog.*”可知,本段强调陪伴对老年狗狗的重要性。D项(情感健康不应被忽视)符合语境,统领全段内容。

刷

速度

► Passage 83 ◀

【语篇导读】本文是一篇记叙文,讲述了玛丽·本顿创办“无名合唱团”以帮扶无家可归者,改善他们的身心健康,帮助其建立自信的故事。

1. **F** 根据上文“*When Marie Benton first moved to London in 2008, joining a choir helped her fit in with the new environment.*”可知,玛丽本人通过加入合唱团适应了新环境。又根据下文“*With her tireless efforts, the Choir With No Name (CWNN) was officially born.*”可知,在她的努力下,“无名合唱团”正式成立。设空处应承上启下,说明玛丽从个人受益到创办合唱团的转变。F项(她受到启发,决定创办一个合唱团,为有需要的人提供慰藉和信心)符合语境。



- 2. B** 根据上文“Clearly, the challenges facing people experiencing homelessness extend beyond finding shelter.”可知,无家可归者面临的挑战不止于寻找住所。又根据下文“Fortunately, according to its most recent annual member survey, 88% saw mental health improvements after they joined the choir.”可知,加入合唱团后,88%的人心理健康得到改善。设空处应补充无家可归者面临的其他挑战,且与下文心理健康改善的结果相关。B项(他们还可能经历着不佳的身心健康状况)符合语境。
- 3. A** 根据下文“They are experiencing homelessness among some of the most isolated in our communities. ‘Our choir aims to be the opposite of that experience, where everyone is seen and heard...’”可知,无家可归者处在社区最孤独的群体中,而合唱团的目标正是创造与被忽视相反的体验。设空处应点明吸引这个群体参与是件难事,为下文阐述合唱团的目标做铺垫。A项[然而,让人们(走)进(合唱团的)门并非易事]符合语境。
- 4. D** 根据上文“Our choir directors are experts in teaching group singing in a way that insures everyone is supported to flourish, both personally and musically”可知,合唱团指挥擅长教授合唱,确保每个人在个人成长和音乐方面得到支持。又根据下文“Better still, they encourage them to take a leap in the dark and sing a solo.”可知,更棒的是,他们鼓励成员大胆行动,尝试独唱。设空处应具体说明指挥帮助成员在合唱中成长,为下文鼓励独唱做铺垫。D项[那些指挥知道合唱如何随着时间的推移(帮助人们)建立自信]符合语境。
- 5. E** 根据上文“From his perspective, if his life was a ladder, coming to the choir was the start of his climbing up that ladder.”可知,丹将人生比作梯子,加入合唱团是他向上攀登的起点。设空处作为本段结尾,应总结丹加入合唱团后的成长结果,呼应本段首句的“人生蜕变”。E项(缓慢但扎实地,他成了如今的自己——一个自信开朗的人)符合语境。

► Passage 84 ◀

【语篇导读】本文是一篇说明文。文章主要讲述了如何将焦虑转化为有用的工具,通过具体方法解码焦虑的信息,使其成为助力而非负担。

- 1. D** 根据上文“Anxiety acts like a built-in alarm that flashes whenever something important is at risk. When the alarm never stops and drowns out daily life, it turns into clinical anxiety that calls for professional help.”可知,焦虑像内置的警报器,在警报不停、淹没日常生活时会变成需要专业帮助的临床焦虑。又根据下文“The trick is to decode its message instead of smashing it, and you will find that anxiety can become one of the most useful friends you have.”可知,诀窍在于解读其信息而非



- 破坏它,你会发现焦虑能成为有用的朋友。设空处应承接上文对临床焦虑的界定,引出下文对焦虑积极作用的阐述。D项(然而,在大多数情况下,警告本身是有用的)符合语境。
2. **F** 根据上文“*When your heart races, pause and ask yourself, ‘What exactly am I afraid of?’ Be precise. Writing the fear down in a single sentence shrinks it to a size you can handle.*”可知,此处建议通过自问和书写来精确表达恐惧。设空处应承接上文的问题,进一步说明当无法立即找到答案时的应对方法。F项(如果答案隐藏起来了,就继续提问,直到真正的担忧浮现)符合语境。
3. **C** 根据上文“*Say your fear out loud to a friend, parent, classmate, or even send it in a text. Sharing does two things at once: It reduces your shame and offers you a fresh angle.*”可知,向他人倾诉和分享能减少羞耻感并提供新视角。设空处应解释为什么这样做能产生效果。C项(记住,每个人都有焦虑)符合语境。
4. **G** 根据下文“*Let the sensations wash through you while you keep doing the task.*”可知,此处建议在继续完成任务时任由感觉掠过全身。设空处作为段落开头,应说明具体的身体感觉。G项(不要因为心跳加速、手心出汗或双腿发抖而与自己的身体争辩)符合语境。
5. **B** 根据下文“*After you have prepared and tried your best... enjoy the freedom that comes from carrying only your own part of the load.*”可知,本段核心观点是接受结果永远不能完全可控,将目光从结果转向努力本身。设空处作为本段小标题,应概括这一核心思想。B项(放开你无法控制的东西)符合语境。

进阶计划 第1组

刷

提分

► Passage 85 ◀

【语篇导读】本文是一篇说明文。文章主要介绍了在面临狗的攻击威胁时应该采取的应对措施。

1. **G** 根据下文内容“*However, it is advisable to be aware of how to prevent such small incidents.*”可知,明智的做法是意识到如何防止这样的小事件,再根据 *However* 可知,设空处的内容应与下文内容之间为转折关系。G项(狗的袭击并不常见,通常会造成轻微的伤害)和下文构成转折关系,引出下文如何避免狗的攻击的建议。
2. **B** 根据上文“*Stay calm and do not panic.*”和下文“*If you become nervous and run or scream, the dog is more likely to attack.*”可知,此段建议保持冷静、不要惊慌,若紧张并尖叫逃离,狗更有可能攻击。因此设空处的内容应说明保持冷